NUTRITION ADVISORY COUNCIL

Wednesday, February 10, 2021

David Godshall, Vice Chair, called the Nutrition Advisory Council meeting to order at 9:00 am

Roll Call

Marlene Adelmeyer, Ivan Elm, David Godshall, Patricia Kaholw

Via Phone

Sheila Drays, Olivia Gerritson, Barbara Rich

Also Present

Jackie DeLaRosa, Hannah Rohlinger, Jackie Wendlandt

Absent

Shelli Haipek, Caitlin Richardson

Excused

Carol Schulz

Action on the Minutes of the November 11, 2020 meeting

Pat Kahlow motioned and Marlene Adelmeyer seconded to approve the minutes of the November 11, 2020 Nutrition Advisory Council meeting. Motion carried.

Public Forum

None.

Nutrition Program Reports

- a. Meal Delivery Update: Olivia Gerritson stated that every opening that was available including meal delivery drivers and kitchen helpers has been filled.
- b. Shelf Stable Meals: Jackie DeLaRosa stated that there was additional COVID-19 funding so shelf stable meals were ordered for the 130 meal participants. Each participant received a 30 day supply of shelf stable foods. The committee reviewed the attachments of food items that were delivered. Brief discussion followed.
- c. Watertown Site Back to Hot Meals: Jackie stated that on 2/3 Watertown converted back to hot meals. The site is temporarily being run out of the Hustisford site until a permanent location can be found. There is currently no meal site manager for Watertown so ADRC staff and our float manager have been filling in until a manager is hired. The position was posted. Jackie is actively looking for a Watertown space to be able to secure a permanent site.
- d. LTE Nutrition Program Coordinator: Jackie DeLaRosa stated that the Board approved a full time LTE Nutrition Program Coordinator position to run through 6/30/2021. This individual will help with the day to day operations. The position was offered to Kayla Kleinsteiber and her first day will be 2/22.
- e. Aging Goal/Member Distribution of Meal Pick Up Flyer: Jackie DeLaRosa stated that Kris Schefft and herself have been working with the state to develop goals for the next three years. The currently aging goal of increasing the congregate meals by 10% was stunted by COVID-19 this past year so the state is allowing curbside meal pick up. Committee members reviewed the *Curbside Meal Pick Up* flyer provided. Brief discussion followed.
- f. Dining Center Comments for 4th Quarter: Members reviewed the attached 4th quarter *Dining Center Comments*. Brief discussion followed.

Dining Center Reports

Barbara Rich, Watertown, stated that one Watertown resident wished the meals were frozen again. Ivan Elm, Mayville, suggested to put in a short survey/comment sheet in all home delivered bags for participants to write their thoughts on the meals to try to increase those comments. These comment sheets can then be given back to the driver to be able to return to the site

Next Meetings

The 2021 meetings of the Nutrition Advisory Council will be held on May 12th, August 11th, and November 10th at 9 am in Room G46 of the Henry Dodge Office Building, 199 County Road DF.

Adjournment

Marlene Adelmeyer motioned and Patricia Kahlow seconded to adjourn this meeting of the Nutrition Advisory Council at 9:36 am. Motion Carried.

Respectfully submitted,	
Marlene Adelmeyer, Secretary	

Disclaimer: The above minutes may be approved, amended, or corrected at the next committee meeting.

6	Mayville	Baked beans were hot and delicious
8	Hustisford	Loved german potato salad! Wish fish was crispy
11	Mayville	thank you for the meals. The pepper steak was tender
12	Hustisford	Caller- love the baked chicken!
15	Mayville	orange chicken was different but very good. Like the variety
19	Lomira	Seems like everything we try to do meets obstacles. With the exception of meals on wheels; thanks for mentioning that program, we're on our second week and finding it extremely helpfu and enjoyable!
20	Hustisford	Spaghetti and carrot cake were so yummy!
18		Chocolate Raspberry Torte is my favorite dessert
27	Beaver Dam	
27	Hustisford	Likes the broccoli
27	Reeseville	Apricots were sour. Meatloaf was fantastic!

1 1 2 3 3 4 4 4 8 8 8 9 9 10 10 10 11 11 12	Beaver Dam Watertown Hustisford Randolph Hustisford Randolph Reeseville Mayville Beaver Dam Horicon Reeseville Reeseville Reandolph	Comment made that loved the dessert and the stew was good too Pick up participant enjoyed the coconut cream pie Mashed potatoes and mushroom/onion gravy was very good Participants very excited about receiving hot meals again! Country friend steak was like salsibury steak, it wasn't crispy at all Chicken marsala was very good! Comment was made that the chicken yesterday was excellent Pick up participant reported escaloped potatoes and ham were very runny and should be thicken person said brownies are the best Sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side Person said the reason he was eating was because of the great hamburgers and beans. Person
2 3 3 4 4 8 8 8 9 9 10 10 10 11 11 12	Beaver Dam Watertown Hustisford Hustisford Randolph Hustisford Randolph Reeseville Mayville Beaver Dam Horicon Reeseville Reeseville Reandolph	Mashed potatoes and mushroom/onion gravy was very good Participants very excited about receiving hot meals again! Country friend steak was like salsibury steak, it wasn't crispy at all Chicken marsala was very good! Comment was made that the chicken yesterday was excellent Pick up participant reported escaloped potatoes and ham were very runny and should be thicked person said brownies are the best Sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
3 3 4 4 4 8 8 8 9 9 10 10 10 11 11 12	Watertown Hustisford Randolph Hustisford Randolph Reeseville Mayville Beaver Dam Horicon Reeseville Reeseville Randolph	Participants very excited about receiving hot meals again! Country friend steak was like salsibury steak, it wasn't crispy at all Chicken marsala was very good! Comment was made that the chicken yesterday was excellent Pick up participant reported escaloped potatoes and ham were very runny and should be thicked person said brownies are the best sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
3 4 4 8 8 8 9 9 10 10 10 11 11 12	Hustisford Hustisford Randolph Hustisford Randolph Reeseville Mayville Mayville Beaver Dam Horicon Reeseville Reeseville Randolph	Country friend steak was like salsibury steak, it wasn't crispy at all Chicken marsala was very good! Comment was made that the chicken yesterday was excellent Pick up participant reported escaloped potatoes and ham were very runny and should be thicked person said brownies are the best sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
8 8 9 9 10 10 10 11 11 12	Hustisford Randolph Hustisford Randolph Reeseville Mayville Mayville Beaver Dam Horicon Reeseville Reeseville	Chicken marsala was very good! Comment was made that the chicken yesterday was excellent Pick up participant reported escaloped potatoes and ham were very runny and should be thicked person said brownies are the best sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
8 8 9 9 10 10 10 11 11 12	Randolph Hustisford Randolph Reeseville Mayville Mayville Beaver Dam Horicon Reeseville Reeseville Randolph	Comment was made that the chicken yesterday was excellent Pick up participant reported escaloped potatoes and ham were very runny and should be thicked. Person said brownies are the best Sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
8 8 9 9 10 10 10 11 12 12	Hustisford Randolph Reeseville Mayville Mayville Beaver Dam Horicon Reeseville Reeseville	Pick up participant reported escaloped potatoes and ham were very runny and should be thicked. Person said brownies are the best Sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
8 9 9 10 10 10 11 11 12	Randolph Reeseville Mayville Mayville Beaver Dam Horicon Reeseville Reeseville	Person said brownies are the best Sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
9 9 10 10 10 11 12	Reeseville Mayville Mayville Beaver Dam Horicon Reeseville Reeseville	Sauce on American potato salad was sour New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
9 10 10 10 11 11 12	Mayville Mayville Beaver Dam Horicon Reeseville Reeseville	New participant liked the menu and enjoyed the chicken Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
10 10 10 11 11 12	Mayville Beaver Dam Horicon Reeseville Reeseville	Participants liked the menu Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
10 10 11 12	Beaver Dam Horicon Reeseville Reeseville	Enjoyed the potato salad yesterday! Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
10 11 12 12	Horicon Reeseville Reeseville Randolph	Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked Not too much chicken in my food Veggies were on the hard side
11 12 12	Reeseville Reeseville Randolph	Not too much chicken in my food Veggies were on the hard side
12 12	Reeseville Randolph	Veggies were on the hard side
12	Randolph	
		Person said the reason he was eating was because of the great hamburgers and beans. Person
		who picked up meal said both he and his wife liked baked beans too
12	The same times.	
	Lomira	Hamburger was a nice treat, would like it more often!
15		Excellent meal! Loved the pork loin, so tender.
15	Randolph	Resident reports that mashed potatoes are the best!
	Watertown	Pork loin was super tender and delicious
16	Reeseville	Pot roast was so flavorful and tender. Even veggies were softer
16	Watertown	A good dinner all around
16	Mayville	Participants liked the menu today
16	Randolph	New lady called, she said she is really enjoying the meals
17	Horicon	Loved the fish meal!
17	Watertown	"Nice treat" Sunday Cup! Good fruit
17	Watertown	Fish good, potatoes & fruit good, ice cream fine Resident said the fish was fantastic and would love to see romanoff potatoes more often -
17	Randolph	giving an A+ on the meal today
18	Juneau	All meals are very good.
18	Watertown	Ham xcellent, bean casserole good, cake ok
19	Watertown	Broccoli? Again!
19	Watertown	Honeydew Melon good change!!
40	10/	All hot meals are much better than the frozen ones. We like a lot of gravy with meat, Dessert cakes are optional for us.
	Watertown	·
-	Lomira	Melon was hard.
	Randolph	Resident said she loves spinach lasagna, wishes they had it more often.
	Lomira	Chicken teriyaki - nicely done
	Hustisford	Potato was rotten on inside could not eat
23	Horicon	Chilli casserole too spicey Don't like noodles in pasta especially elbow macaroni's, I made chilli and added noodles later
23	Lomira	not macaroni
24	Reeseville	Carrots in carrot salad were hard. Chicken was very good!
24	Horicon	Copper Penny Salad was too sour for me
24	Beaver Dam	Baked chicken was nice and moist
24	Hustisford	Chicken was hot and good!
24	Mayville	very good food & deliveries
	-	My Favorite! Baked chicken always cooked to perfection :-)
	1	Loved pickled carrots! :-)
		you did a good job on steak, beef and pork
- 1		A couple people said the meal was really good, especially the meat
1	,	Your people are very nice and uplifting to people who stay in. A smile goes a long way and
		brings some happiness to the day. They are wonderful.
25		less potatoes and more rice don't like seeds in bread. Rice is dry. Sometimes brocolli califlower are mushy. Wish the
26	Horicon	meatballs were plain I could put on what I like. Otherwise, I like all my meals!
	Lomira	Mac & Cheese - better than expected
26	Hustisford	Mac & cheese nice change good!
		The only food I have a problem with is the fresh fruit because my teeth are very bad. Overall, I' give the program a grade of "A".

March	Site	Comments
1	Watertown	we are very grateful with the food service program
2	Mayville	Red beans & rice - good!
2	Randolph	The red beans and rice were very good as was the rest of the meal
2	Horicon	BBQ meatballs very flavorful
2	Horicon	coleslaw I have a hard time chewing
4	Reeseville	Love the ham rolls. Love the sweet potato bake, almost like a dessert!!
4	Beaver Dam	
4	Mayville	Loved the sweet potato bake and cake
5	Beaver Dam	
5	Beaver Dam	More choices for Friday. Not enough variety we have our own bannanas
5	Randolph	Several people complimented this dish
8	Randolph	Meatloaf is well liked, 25 people ate today
11	Randolph	Meat was excellent
12	Mayville	Keep the mashed potatoes coming (like more than brown rice)
12	Randolph	Veggies were not well received
15	Randolph	A couple said they ate today just for the spinach. It seems popular.
17	Randolph	Corned beef was delicious - enjoyed very much
22	Mayville	My mom really enjoyed the meals, she wasn't eating before she signed up. She was able to gain weight which is good because she was really deteriorating before these meals.
23	Mayville	Caller said spaghetti and pie was really good
24	Watertown	Chicken raw & cookie undercooked.
24	Reeseville	Loved the chicken. Carrots were hard.
26	Reeseville	very statisfied with all meals! Thanks much!
29	Watertown	Roast beef was so tender!

April	Site	Comments
1	Randolph	Pork was wonderful
6	Watertown	Lasagna was burnt.
6	Randolph	A lady stopped by to say the lasagna was very good
7	Mayville	Carrots were great! Our thanks to all involved in Dodge County Senior Dining. You're doing a great job!
12	Reeseville	Meat was a little tough
13	Randolph	Lettuce was very wilted and meatloaf burnt on top
13	Reeseville	Picked out as much of the wilted and brown lettuce as possible. Looked very unappetizing
14	Reeseville	Carrots in copper penny salad were too crunchy
19	Reeseville	New folks loved the meal
20	Reeseville	New folks said the meatballs were different and really liked them.
21	Randolph	Comment was made that person loves the beef stroganoff
23	Watertown	Nice meal! Very colorful, loved potatoes
	8	